



Learning Problems Checklist Quiz

Student:	Date of Birth:	Age:	Grade:
Completed by (name):		Today's Date: _____	
		<input type="checkbox"/> Parent <input type="checkbox"/> Teacher <input type="checkbox"/> Student	

The following are symptoms & indicators that something is getting in the way of learning.

Each can apply to children, teens, and adults, however many are phrased for parents looking to learn more about their children. This is not an exhaustive list, but it does contain the most common **symptoms** of learning problems...

History Of (check all that apply):					
<input type="radio"/> Ear Infections and/or hearing loss	<input type="radio"/> Attention problems	<input type="radio"/> ADHD/ ADD/ APD/ ASD			
<input type="radio"/> Delayed speech or language development	<input type="radio"/> Learning problems	<input type="radio"/> Medicated (present/ past)			
<input type="radio"/> Delayed motor development	<input type="radio"/> Behavior/Self-control problem	<input type="radio"/> Social skill problems			
<input type="radio"/> Concussion or head trauma	<input type="radio"/> Diagnosed learning disability	<input type="radio"/> Poor grades			
<input type="radio"/> Developmentally delayed/ Other diagnosis	<input type="radio"/> Wears glasses/vision therapy	<input type="radio"/> Low confidence/self-esteem			
DIRECTIONS					
Check the box that describes how often each symptom occurs: <i>N= Never, S= Sometimes, O= Often</i> Also- Please clarify by circling any of the descriptions that apply. You are welcome to scribble notes and information as well.			N	S	O
General Symptoms:					
I have a bright child who is underachieving (tries hard and gets minimal outcome)					
Avoids schoolwork (usually a coping strategy)					
Shows signs of anxiety- complains of: headaches, stomach aches, not wanting to go to school, interrupted sleep, nightmares, expresses worries. Depressed.					
Requires a parent, or tutor, to help get through schoolwork					
Listening Skills & Auditory Processing (sounds, memory, comprehension)					
Yawns while listening (indicates listening is taking a lot of energy)					
Poor auditory memory- not able to follow 3+ verbal directions/or parts at a time.					
Misunderstands what is heard (or misses information while listening). Says "huh, what?" a lot.					
Difficulty listening or communicating with background noise (fan, TV, party, class, ballgame)					
Poor auditory comprehension when listening to spoken language					
Speaking, Language, and Social Skills					
Imprecise speech, or speech articulation problems (Includes self-monitoring and self-correcting)					
Difficulty retelling a story summary (details & order) (Either omits critical info, or repeats word for word)					
Difficulty learning or using new vocabulary or concepts.					
Difficulty learning abstract and non-literal language					
Poor social skills, doesn't pick up on social cues, or has limited friends					
Reading					
Struggles to sound out words (decoding), or to blend the sounds together into words.					
Reading is "choppy", or reading speed + accuracy (= fluency) is poor					
Difficulty recalling or comprehending what he/she just read					

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Spelling and Writing	<i>N= Never, S= Sometimes, O= Often</i>	N	S	O
Struggles with spelling in writing (this does not include spelling tests = visual memory)				
Creative writing contains shorter and easier words than he would use verbally.				
Struggles with: (circle all that apply) written expression; written organization; handwriting				
Math				
Struggles with math: concepts, recalling math facts, estimating (circle all that apply)				
If errors are made, s/he can't figure out how to correct them.				
Inconsistent with math processes can do it sometimes and not others				
Behavior and Self-Esteem (circle all that apply)				
Anxiety, Avoids school or schoolwork, Appears lazy and unmotivated				
Poor/ low self-esteem; Recognizes that s/he is struggling more than peers				
Disrupts others/ Seeks negative attention: classmates, teachers, siblings, parents				
Angry; Takes frustrations out on others unnecessarily; Affects relationships				
Poor mental flexibility (poor ability to "shift gears" and adapt quickly and easily)				
Motor, Spatial Awareness and Energy (circle all that apply)				
Uncoordinated or awkward movements; poor gross motor; poor fine motor/writing				
Poor posture (could look like: low-tone, tired, lazy, disorganized, or not caring)				
Poor spatial awareness (runs into things; often in another's space; "lost" during sports)				
Fatigues quickly during physical activity, learning, or writing (poor stamina for tasks)				
Processing, Reasoning, Problem-Solving (Executive Functions) (circle all that apply)				
Takes a long time: Thinking, schoolwork, homework, making decisions, routines				
Difficulty predicting possible consequences/ outcomes (logical solutions, cause & effect)				
Difficulty: (circle all that apply) planning ahead; organizing thoughts/materials; setting goals				
Memory				
Struggles to recall months, days, math facts, or spelling words. (circle)				
Not able to follow more than 2-3 directions at a time.				
Difficulty recalling new information (short-term working memory) or past info (long-term memory)				
Attention				
Gets distracted easily, or has difficulty paying attention/focusing				
Doesn't stay within his/her own space, and/or misses social cues and rules				
Doesn't transition well: to new environments or tasks				
Hyper-focuses for high-interest topics or activities (example: video games)				
Excessive movement (motor overflow) especially while learning or doing homework.				
Impulsive, reacts before thinking (poor inhibition)				

If you've identified that your child has any of the above symptoms, then contact us to find out the root cause and what you can do about it. There IS hope! FIXING THE PROBLEM (versus a temporary "band-aid") is our goal, by accurately identifying and greatly improving the weak skills that are holding back his/her potential. Our "physical therapy" for the brain is *very* different from tutoring and school support! We stop the frustration and dependence that a learning problem can cause! We help our students build these skills **permanently** so that they will be able to go out into the real world **independently**, and be able to do it on their own. If a child, teen, or adult, struggles in any of the above areas, he/she is working too hard, and putting energy toward counter-acting weaknesses, instead of reserving it for learning new tasks and information. This causes: slow work, frustration, dependence on others for help, diminished confidence, and exhaustion for all involved!